

Workload Guide

1 EC

~28
hours

What is student workload?

The workload of a course is **the time a student needs to efficiently study a curriculum and complete a set of course activities.**

The workload includes both **scheduled activities & study time outside class**, as well as time spent thinking through the course material.

Rules of thumb for workload estimation

reading	_____	7 pages/hour
reflective writing	_____	250 words/hour
argumentative writing	_____	125 words/hour
watching video	_____	3 x [video length]
Zoom/Teams call	_____	15 min + [call length]
reading PowerPoint slides	_____	20 slides/hour
quiz problems	_____	10 questions/hour
processing lecture	_____	0.5 x [lecture length]

The estimation of the workload helps to make sure students have a realistic chance to achieve the intended learning outcomes.

This can be communicated to students by using infographics in the syllabus of the course on Brightspace and during the first session of the course.

Infographic example

